

### My information:

- I will be gone Friday evening to Sunday mid-day.
- Choppers will need food/shots Friday PM, Saturday AM & PM, and Sunday AM.
- I can be reached on my cell phone at xxx-xxx-xxxx. Call with any questions!

### Chopper's information

- Choppers is fed ¼ cup of Dry Purina DM (Diabetes Management) in the morning, and another ¼ cup in the evening.
- Choppers gets 3 units of insulin right after he eats.
- Feeding/shot time should generally be 8:00AM and 8:00PM. If you have to vary the time, it is better to give a shot *more* than twelve hours later, rather than *less* than twelve hours later. The type of insulin he is on is long lasting, so overlapping the dosage is dangerous.
- Choppers will generally eat the entire serving immediately, sometimes he'll leave just a little bit, which he'll eat within five or ten minutes.
- Once Choppers has finished his food, he needs to be given a shot of insulin. **Never give him insulin unless he has eaten the full amount (or most of it).**
- Be sure his water fountain is not too low.

### Insulin

- The insulin is kept in the refrigerator door.
- Roll the bottle of insulin between your hands; do not shake.
- Take both orange caps off of the syringe. Holding the bottle in your left hand, use your right to insert the needle in the top of the bottle.
- Pull the plunger back until the syringe is filled with more than 3 units.
- Tap the syringe with your finger to bring any bubbles in it to the top.
- Push the plunger until it lines up with the top of the 3<sup>rd</sup> unit line.
- Check for large bubbles. Small bubbles are okay, large are not!
- You can push the plunger all the way out and start over again if there are large bubbles.
- Get Choppers up on the kitchen table. You can give him a few morsels of his dry food to bribe him/keep him busy if you want.
- At this point, show Choppers the needle. He likes to rub his face against it (just make sure it doesn't poke him in the face!)
- Make sure the bevel of the needle is facing upward.
- Grab some skin at the scruff of the neck/upper back, make sure you have skin, not muscle.
- Put the needle in the skin, then push the plunger.
- Pull out the needle.
- Put the cap on the needle and put the syringe in the empty milk carton. The other orange cap that covered the plunger can be thrown away.
- Pet Choppers and tell him how much his momma loves him.
- Put the insulin bottle back in the refrigerator.

Things to watch for

- If you notice that Choppers is staggering when he walks, that might be a sign of hypoglycemia. See the information on hypoglycemia. If it sounds like he has it, **do not give him his insulin dose. Give him some honey (on the top of the refrigerator) and take him to the vet right away.**

Vet information:

New Hope Animal Hospital  
555 Main Street  
Anytown, State  
xxx-xxx-xxxx  
Dr. Joyce Brothers

They know Choppers quite well there. In fact, if you have questions or concerns, you can call them to speak to a vet technician. All they need to know is my name and phone number to look up his chart:

Kristen  
xxx-xxx-xxxx

Directions

- From the apartment, take Southview Boulevard west to Highway 100.
- Take 100 North to 36<sup>th</sup> Avenue N.
- Take a left on 36<sup>th</sup> (heading west).
- Take a right on Main Street.
- The hospital is the 2<sup>nd</sup> building on the left.

If you need to take him there, you can use the blank check I have written to them. **Don't be afraid to take him there – better to be safe than sorry!**

Other information

- Choppers typically poops once a day, usually in the morning. He doesn't cover it, so if you could possibly scoop it into the toilet and flush it, that would be great. Don't worry about the urine, I'll take care of that when I get back.
- Choppers likes to bang on the cabinets in the kitchen, and sometimes he opens them and goes in them. That's okay, because he doesn't do any damage in there.
- There isn't a place that I don't allow him to go. Well, except the refrigerator, which he loves to stand in front of when I open the door.
- If Choppers gets too wound up, putting him in the bathroom for a few minutes calms him down.

Thanks for all your help!